

Peer Leadership 101: Standing on the Shoulders of Ordinary People

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Peer Leader Training
KAHSSO

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Learning Outcomes



By participating in this session, you will be able to:

- Summarize the **benefits** of peer leadership
- Locate **mentoring** in leadership
- Identify your mentoring/leadership **strengths & needs**
- Understand the **roles** of leader and student

Part 1: Benefits of Peer Leadership

Why do you want to be a **Peer Leader** ?

What do you see as benefits?



Impacts on Peer Leader experience

- Build leadership
- Personal development
- Realize strengths
- Identify points for improvement
- Find good references
- Build network
- Enhance resume for graduate school/job applications

What do you see as the benefits?



York U

Peer Leader

Benefits

**Student
Experience**

What do you see as the benefits?



Impact on student experience

- Creates sense of belonging and support
- Contributes to:
 - academic success
 - relationships/networking
 - sense of community

What do you see as the benefits?



York U

Peer Leader

Benefits

**Student
Experience**

What do you see as the benefits?



Impact on YorkU

- Contributes to ***culture of success***
- Builds awareness of resources

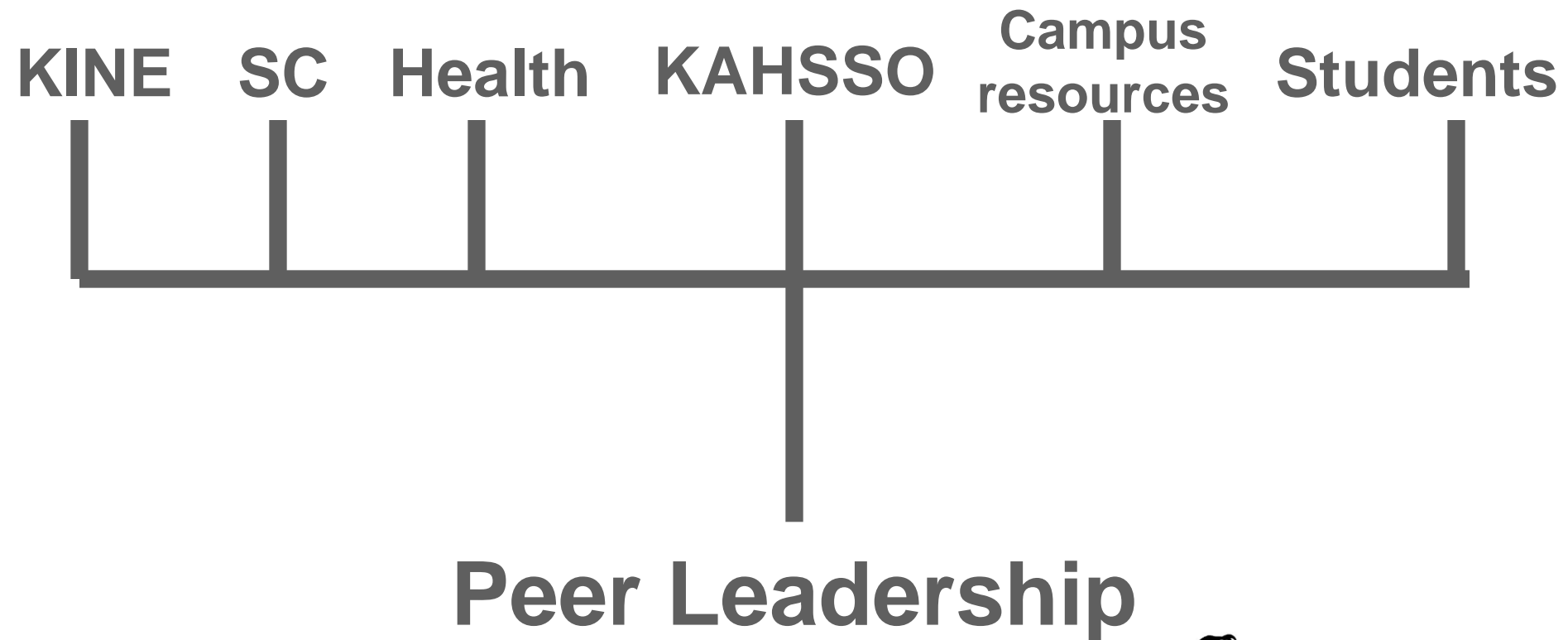
Overview- How we can Benefit Others



- You are **motivating** and **helping** students to learn and grow and achieve **their goals**.
- By doing this, you are working to the betterment of your **community**.
- You are collaborating together to empower others and are working towards **socially responsible** change in your community.



Leadership connection to ...



Leadership Connection to Mentoring



What is a **mentorship**?

- **Mentorship** is a personal developmental relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person. The mentor may be older or younger, but have a certain area of expertise. It is a learning and development partnership between someone with vast experience and someone who wants to learn.[\[1\]](#)
- (Farren Ph.D., Caela.)

How does leadership connect to **Mentoring**?

Leadership connection to Mentoring



You are in a position whereby your actions have the power to inspire others to:

**Dream more,
Learn more,
Do more,
And become more...**

Part 2: Selecting a Peer Leader

Why have/be a peer leader?



Why seek the help
of a **Peer Leader**?

What **specific traits**
are you looking for in a
Peer Leader?

Traits of Peer Leaders and Students



In groups of 3, take a few minutes to
discuss and write down
responsibilities of a:

LEADER ✓

Actions of Peer Leaders and Students



Responsibilities of a Leader

Listen

Share experiences

Foster skill building

Refer and network

Be one of many influences



Traits of Peer Leaders and Students



In your groups, take a few minutes to
discuss and write down
responsibilities of a:

STUDENT ✓

Actions of Peer Leaders and Students



Responsibilities of a Student

Active participant

Practice critical thinking

Remain open to multiple influences

Own responsibility for success

Peer Leadership as a reciprocal experience



The best student - Peer Leader

relationships are characterized by:

- **Honest**, two-way exchange
- **Respectful** debate on **differing views**
- **Critical assessment** of ideas

Peer Leadership as a reciprocal experience



The best student - Peer Leader relationships are characterized by:

- A leveling of the **power gradient**
- Mutual and unconditional **acceptance**

Respect for limits and **boundaries**

What does the research say about peer leadership outcomes?



Ferrari (2004)

- Improved academic performance, **academic self-efficacy** and satisfaction with academic programs

Brown, David and McClendon (1999)

- Increased ability to make a career choice and **persistence to achieve goals**

What does the research say about peer leadership outcomes?



Sosik and Godshalk (2005)

- Improved **interpersonal communications** and psychosocial support

Jacobi (1991)

- Increased maturation and academic responsibility
- Improved **time management**

What does the research say about peer leadership outcomes?



Fox and Stevenson (2006)

- Improved academic performance and social relationships
- Increased **acquisition of transferable skills**
 - Communication skills, organizational skills, creativity, ability to relate to others, problem solving, working independently and as a team, reliability, working under pressure, prioritizing your work etc.

Final Thoughts



**PLEASE WRITE 3 THINGS
YOU LEARNED FROM THIS
MODULE!**